



WINTER/SPRING 2024 Calendar

Hannah's Kitchen welcomes all children with diverse abilities to learn in our inclusive, adaptive kitchen.

Classes are **FREE** and graciously funded by the Hannah Peretsman Breene Foundation.

To Register, e-mail:
Kimberly Mania:
Kimberly.Mania@rwjbh.org
or call **973-926-7371**

Location:
Hannah's Kitchen
at the Rev. Dr. Ronald B. Christian Community Health & Wellness Center
208 Lyons Avenue
Newark, NJ 07112

RWJBarnabas
HEALTH

Newark Beth Israel Medical Center



TASTE TESTERS IN HANNAH'S KITCHEN (2-4 years old)

January 20 | February 17 | March 16
April 13 | May 18 | June 8

11:00 - 11:45 am

This exciting cooking class uses simple recipes to encourage toddlers to try new foods through texture and flavor.



MY FIRST COOKING CLASS IN HANNAH'S KITCHEN (5-7 years old)

January 20 | February 17 | March 16
April 13 | May 18 | June 8

9:30 - 10:30 am

This interactive cooking class introduces basic kitchen skills and new foods to young children.



HEALTHY KIDS IN HANNAH'S KITCHEN (8-12 years old)

Tuesdays, January 9 - June 18

4:30 - 5:30 pm

This hands-on class teaches children how to cook with nutritious ingredients, kitchen safety tips, measuring techniques, knife skills, and more!