

Behavioral Health

Monmouth Medical Center has the largest and most comprehensive behavioral health program in Monmouth County. Treatment is provided to children, adolescents and adults diagnosed with psychiatric and dual disorders.

Psychiatric Emergency Screening Services

- Crisis Assessments for adults and children
- Preventative Outreach Services
- Mobile outreach services
- Crisis Hotline: 732.923.6999

Zero Suicide Program

MMC is the only the second hospital in New Jersey to adopt Zero Suicide, a national, evidence-based program that aims to help healthcare systems improve the care of behavioral health patients and eliminate suicide deaths. To learn more, visit zerosuicide.com

National Suicide Prevention Lifeline

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the free, confidential Nation Suicide Prevention Lifeline network is available 24/7 across the United States by calling 1-800-273-8255

Early Intervention Support Services (EISS)

- Urgent crisis assessments home
- Short term treatment to stabilize and immediate crisis intervention
- Referrals to community services
- 3301 Route 66, Building B, Neptune
- To contact EISS, call 732.922.1042

Pollak Clinic

- This clinic provides individual and group therapy, medication management, and treatment for co-occurring disorders for adults
- To contact Pollak Clinic, call 732-923-6500

National Alliance on Mental Health

732-462-6448

Mental Health Association of NJ

732-542-6422

Self Help Clearing House

Referrals for self-help groups
800-367-6274

Social Services in Monmouth County

732-431-6000

Adult Protective Services

732-531-9191

Acute Partial Hospital (APH)

- At the APH, a multidisciplinary team provides short-term, acute adult day treatment. The primary purpose of APH is to prevent the need for inpatient psychiatric hospitalization or re-hospitalization.
- To contact, call 732-923-5257

Integrated Health Home

- This one-stop locations includes medical, behavioral and social support. This program targets patients with serious mental illness and also medical comorbidities.
- To contact Integrated Health Home, call 732-923-6500 ext. 5

Child Protection and Permanency Child Protection (formerly DYFS)

1-877- NJ ABUSE

Perform Care

Wide range of services for children
877-652-7624

Crisis Text Line

Text Hello to 741741

24 hours a day, 7 days any type of crisis.

They will provide you with a crisis counselor who can provide support and information.