

First Thursday of the month | 5:30 p.m. to 7 p.m.

This support group is open to community members who have been diagnosed with Fibromyalgia or other related autoimmune disorders. The group provides education, emotional support, coping strategies and resource information through the sharing of personal experiences and professional facilitation.

Support groups are virtual at this time and pre-registration is required.

Please call **732-499-6193**

