

Welcome Back.

Cardiac Surgery: Ready to see you.

If you are wondering if it is safe to get your heart checked, the answer is yes. Cardiac is in full rhythm again.

At Jersey City Medical Center, our doors are open and our heart specialists are ready to help you care for your heart. All adult cardiology and cardiac surgery services are open and ready with enhanced safety precautions to keep you safe.

Your personal protection is our priority. We are ready to welcome you back and are committed to providing you with the most advanced diagnostic and therapeutic technologies in a safe, caring and soothing environment.

We have taken every precaution to keep our patients and staff safe, including:

- Daily temperature checks for all staff, patients and visitors
- Masks are required and provided for all patients and staff
- Screening telephone call to discuss COVID-19 symptoms and screening at time of appointment
- Strict hand hygiene practices and availability of hand sanitizer
- Staggered scheduling of appointments to minimize contact with others
- Stringent and frequent cleaning and disinfection of rooms, equipment and surfaces
- Social and physical distancing measures for everyone

We adhere to evidenced-based infection prevention guidelines and established criteria of the Centers for Disease Control and Prevention, the New Jersey Department of Health and other agencies.

You've taken every precaution and so have we.

To schedule an appointment with one of Hudson County's top cardiac specialists, call **888-724-7123** or visit **[rwjbh.org/heart](https://www.rwjbh.org/heart)**



For more information visit
[rwjbh.org/WelcomeBack](https://www.rwjbh.org/WelcomeBack)

**Jersey City
Medical Center**

**RWJ Barnabas
HEALTH**

Welcome Back.

Cardiac Surgery: Ready to see you

Jersey City Medical Center, Hudson County's only full heart hospital, offers:

- Expanded Cardiothoracic surgery team, led by two premier cardiovascular specialists, Tyrone Krause, MD and Iosif Gulkarov, MD, diagnose and treat a full range of cardiovascular diseases.
- Innovative technologies and the latest equipment that allows our medical teams to provide the highest quality critical and surgical cardiac care.
- Access to sophisticated cardiac research and clinical trials.

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Know the symptoms of a heart attack.

Call 911 immediately if you suspect you or someone you are with is having a heart attack. Do not drive yourself or someone else to the hospital. Call 911.

The most common symptoms of a heart attack:

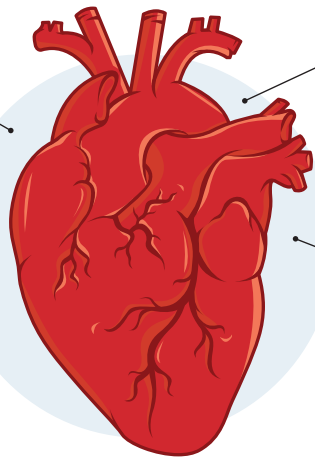
The occurrence of any of these symptoms **WITHOUT** exertion



Pain that spreads to the **shoulders, neck, jaw, arms or back**



Chest discomfort associated with **lightheadedness, fainting, sweating, nausea or shortness of breath**



Profound fatigue, which may last several days before the heart attack



Uncomfortable pressure, fullness, squeezing, or pain in the center of the chest that lasts more than a few minutes, or goes away and comes back

The less common symptoms of a heart attack:

There are less common warning signs of a heart attack that should also be taken seriously, especially if they accompany any symptoms from the most common symptoms list. The important feature is that these symptoms are new, possibly subtle and unexplained. These less common symptoms include:



Stomach or abdominal pain



Nausea or dizziness



Shortness of breath



Unexplained anxiety, weakness or fatigue



Palpitations, cold sweat or paleness

Your heart doesn't beat just for you. Get it checked.

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rwjbh.org/jerseycity

**Jersey City
Medical Center**

**RWJ Barnabas
HEALTH**