Living Safely

with disabilities and special health needs

Guidance Document

Local Emergency Preparedness and Safety Plans

Situation

- It is crucial that all members of the community are prepared for emergencies and empowered to be safe. People with disabilities typically have insufficient exposure to relevant safety information and guidance to support their access and functional needs.
- Many members of the disabled community are reliant on rescuers to aid them in an emergency, but if 911 is not called or the responder is unaware of the needs of the disabled person, disabled persons may be left behind, be injured, or die.
- Emergency responders must know how to address the access and functional needs of all people within their communities.
- Currently, emergency preparedness is fragmented, and inclusive best practice standards are not established.
- Most often, there is minimal nonemergent engagement between emergency responders and disabled citizens. Emergency responders are at a disadvantage with limited knowledge of the changing scope of needs within their community. The needs of their citizens remain unknown unless an initiative has been made to interact and exchange relevant information.

Background

- Disabled community members remain less safe than non-disabled residents during and post-emergency. For example, a person may have difficulty safely sheltering in place or getting accommodations in an emergency shelter.
- Durable improvements after a disaster may be incredibly challenging for many with disabilities. Those in lower-income brackets, for example, may be unable to afford to rebuild houses on stilts after flooding. Houses on stilts may not be accessible to those with mobility impairments.
- Those involved in emergency management want to support the disabled population.
 Still, they have difficulty identifying these residents and how to meet their access and functional needs unless these needs have been previously communicated to them.
- Emergency responders remain at a disadvantage if they do not know the access and functional needs of those involved when responding to an emergency.
- Very few communities consider disability and access and functional needs within their safety training and community education practices.
- Developing, practicing, and implementing inclusive safety plans and kits are essential components of municipal safety practices. This is critical for those with disabilities who may need planning, education, and accommodations to remain safe during and post-emergency.

Assessment

- Communities need consistent and coordinated methods for
- a) alerting emergency responders of the safety needs of disabled residents in case of emergency
- b) educating and preparing disabled residents to create and practice safety plans and assembling appropriate safety kits to be used in an emergency
- c) ensuring accessible communication across communities in case of displacement
- Funding needs to be established as a core component of standard emergency operations practices to address the access and functional needs of disabled residents during and post emergencies.
- Functional technology needs to be established to alert and assist those with access and functional needs during and post emergencies.
- Because of hesitation and lack of trust in sharing health and disability-related information, proactive measures need to be developed to ensure the public's trust. Strategies must include guidance on protecting and sharing information as well as interacting respectfully with individuals with various disabilities.

Recommendations

- On an ongoing basis, build connections between disabled community members and emergency responders through community events and school visits. Provide informal and formal opportunities to engage with emergency responders in accessible, safe, non-emergent situations. Invite and engage residents with disabilities as equal members and leaders within various municipal councils and committees.
- Arrange accessible and private (individual and small group)
 meetings with residents with access and functional needs at
 municipal offices, homes, group homes, and community centers
 to develop individualized safety plans, provide resources, identify
 safety accommodations, and show sample safety kits. (The
 attached Living Safely discussion forms and other resources can
 facilitate these conversations)
- Offer relevant safety drills for disabled residents throughout the community on an ongoing basis.
- Establish a voluntary and secure municipal registry to identify and support local emergency response for residents with access and functional needs. County-level registries enable information to be shared across county lines in emergencies as residents may experience an emergency outside their municipality.
- Include community residents with access and functional needs in all aspects of preparedness, response, recovery, and mitigation. Establish collaboration between municipal managers/ planners and disabled residents as core to emergency management practice to identify barriers and facilitators to communication pre-, during-, and post- emergencies. Identify long-term funding streams to sustain ongoing participation.
- Implement understandable and functional safety education to demonstrate how to develop personalized safety plans and aspects of emergency preparedness and response. Display and publish accessible safety plans and safety kit guidelines through municipal websites, libraries, group homes, and other accessible venues.









Municipality

Information provided and recorded is confidential and for the purpose of safety. Information provided by or for the resident is voluntary. The person has the option to answer or decline to answer any or all questions.

option to answer or decline to a	nswer any or all questions.	Widilicip	oanty
○ Initial ○ Updated	Date:	Completed by:	
Name of Resident:			
Resident's preferred name: _		Resident's pref	erred pronouns:
Resident's email address:		Phone number:	Other:
Method of interaction: OF	Illy independent Supported by pare	ent, caregiver, guardian, etc. ON	leeded support
Primary language :	Other language?	Needs alternative/aug	mented communication: O Yes O No
Method of communication:	verbal alternative/augmented of	communication device	other
Mobility :	Mobility needs/supports:	ne 🔾 walker 🔾 wheelchair 🔾	other
Residence:	Other Address		
Other people in the residence	e, including others with disabilities or sp	pecial health needs? O Yes O No	
Age of resident:	Resident's description of disability(ies),	/special health need(s):	
Does resident have any medi	cal equipment? O Yes O No		
Sensory challenges (sirens, ed	quipment, touch, etc):		
Who should be notified of a r	nedical emergency?		
Does resident have a caregive	er or aid to assist in care/medical care?		
What is the resident's comfo	rt or concerns level interacting with eme	ergency responders and being trans	ported in an emergency vehicle?

Does the resident wear or carry any medical identification? Yes No
Does the resident need assistance acquiring medical identification? Yes No
Critical medical information:
s there any additional information that the resident would like to share about emergency rescue or response? (suggestions in case there is a medical emergency)
Notes and recommendations:









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option to answer or decline to	to answer any or all questions.	
◯ Initial ◯ Updated	Date: Completed by:	
Name of Resident:		
Resident's preferred name:	: Resident's preferred pronouns:	
Resident's email address:	Phone number: Other:	
Method of interaction: O	Fully independent O Supported by parent, caregiver, guardian, etc. Needed support	
Primary language:	Other language? Needs alternative/augmented communication: O Yes O No	
Method of communication:	: Overbal Oalternative/augmented communication device OASL Oother	
Mobility :	Mobility needs/supports:	
Residence:	Other Address	
Describe living arrangement	it (independently, with family, support personal, service animal, etc.)	
Age of resident:	Resident's description of disability(ies)/special health need(s):	
Other people in the residen	nce with disabilities or special health needs? Yes No	
Who should be notified it th	here is an emergency such as a fire?	
Are there smoke alarms In t	the residence? O Yes O No Are alarms operational? O Yes O No Date last tested:	
Does resident need smoke a	alarms? O Yes O No Does resident need assistance installing? O Yes O No	
Does resident need assistan	nce checking/replacing batteries?	
Does resident have or need	d alternative/specialized smoke alarms?	

Is there a place inside house, apartment, or building where the resident goes for comfort or likes to hide? OYes ONO					
Does the resident understand fire prevention, incorporating aspects of the disability? O Yes O No					
Does the resident recognize the impact the disability/special health need has on fire safety? O Yes O No					
Has the resident's smoke alarm ever been set off? O Yes O No Cause?					
Is there anything emergency responders should be aware of when responding to an emergency in the residence (special locks, solar panels, etc.)?					
Has the resident ever accidentally or intentionally set a fire?					
Does the resident know when and how to report a fire: Ores Ono Are there any challenges calling 911? Ores Ono					
Does the resident have a fire exit plan? O Yes O No					
Is the fire exit plan appropriate for the resident's disability(ies)/special health needs? No					
Does the resident practice a fire exit plan? O Yes O No					
Does the resident need assistance developing, adapting, and practicing a fire exit plan? Yes No					
Notes and recommendations:					

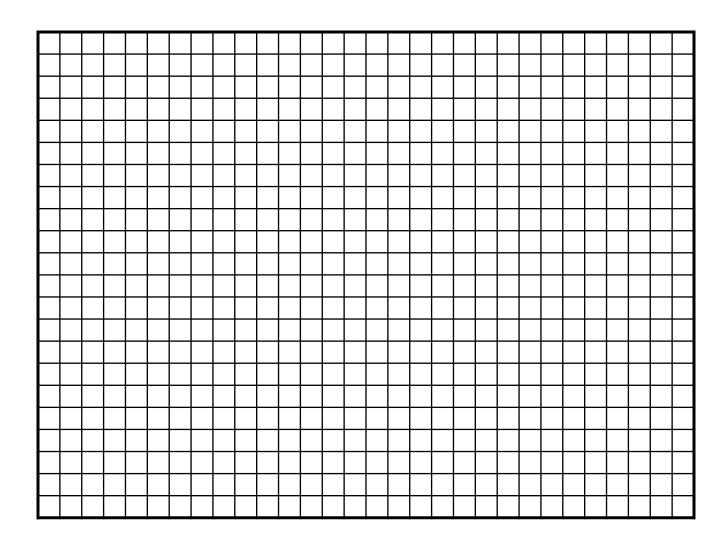




My Fire Escape Plan

- Draw all the rooms that are on one level of the house. Use a separate page if you have another level in the house.
- Label the windows and the doors.
- Draw an arrow to show two ways to exit each room.
- Draw a star to show the location of each fire alarm and carbon monoxide alarm on that level.
- Where is the place outside the house to meet others in case of a fire?

Review this fire escape plan at least once a month. Update this escape plan at least once a
year to check if anything has changes.







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My Fire Escape Plan



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☐ Initial ☐ Updated Date:	Completed by:
Name of Resident:	
Resident's preferred name:	Resident's preferred pronouns:
Resident's email address:	Phone number: Other:
Method of interaction: OFully independent Supported by paren	t, caregiver, guardian, etc. O Needed support
Primary language :Other language?	Needs alternative/augmented communication: Yes No
Method of communication: Overbal olternative/augmented cor	mmunication device
Mobility : Mobility needs/supports:	○ walker ○ wheelchair ○ other
Residence:	
Other people in the residence, including others with disabilities or spec	ial health needs? O Yes O No
Age of resident: Resident's description of disability(ies)/sp	pecial health need(s):
Does resident have any medical equipment? Yes No	
Sensory challenges (sirens, equipment, touch, etc.):	
Does the resident want to share the type of disability and how their dis	ability(ies) may affect them in a disaster or other emergency?
physical disability developmental or intellectual disabilities	○ visual impairments ○ Deaf or reduced hearing ○ mental health conditions
Chronic conditions or injuries Other	

What is the resident's comfort or concerns level interacting with emergency responders and being transported in an emergency vehicle?
Has the resident registered with NJ Register Ready? Yes No Date: Does the resident need assistance registering? Yes No
Does resident have a caregiver or aid to assist in care/medical care?
What communication needs are established to effectively communicate emergencies to the resident in a timely manner?
What accessibility needs does the resident need to facilitate transport to an emergency shelter?
What accessibility needs does the resident need within a shelter?
What preparations are needed to assist the resident if sheltering in place?
Does the resident require life-saving electricity needs? Yes No
Does the resident need assistance contacting their local electric utility provider to be placed on an emergency list? OYes ONO
Is there any additional information that the resident would like to share about preparing for disasters and emergency rescue?









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option to answer or decline to answ	er any or all questions.	Municipality: _	
○ Initial ○ Updated Date	:	Completed by:	
Name of Resident:			
			onouns:
Resident's email address:		Phone number:	Other:
Method of interaction: O Fully in	dependent Supported by pare	ent, caregiver, guardian, etc. O Needed su	upport
Primary language :	Other language?	Needs alternative/augmented	communication: O Yes O No
Method of communication: Ove	rbal alternative/augmented c	communication device	
Mobility :	Mobility needs/supports: \bigcirc can	ne	
Residence:	use Other Address		
Describe living arrangement (indep	pendently, with family, support per	rsonal, etc.)	
Who should be notified it there is a	an emergency?		
Age of resident: Resid	dent's description of disability(ies),	, medical conditions, allergies, sensory conce	erns, other special health need(s):
Other people in the residence with	n disabilities or special health need:	ls?	
Has resident expressed any safety	concerns in the residence? Yes	○ No	
Has resident expressed any safety	challenges within the community?	? ○Yes ○No	

Does resident need assistance accessing financial assistance programs? Yes No
Does resident need food assistance? Yes No
Does resident need assistance with addiction services? Ores ONo
Does resident have a service animal? Yes No
Does resident understand and practice safe pedestrian skills? Ores Ono
Has resident expressed or are there characteristics of abuse or neglect? Yes No
Is resident a licensed driver?
Does resident need to apply for the license plate or placard? OYes ONo
Does resident need accessible public transportation/paratransit? OYes No
Notes and recommendations:

Is it common for resident to wander, elope, or feel lost? Ores ONO Has resident ever lost the ability to recognize familiar places and faces? Ores ONO
Has caregiver ever needed to contact emergency response or initiated a search and rescue for the resident? OYes ONo
Does resident wear any type of personal monitoring device?
Does resident have any recognizable body markings or scars?
What places and/or people does resident like to visit?
What are some of the resident's preferred interests , attractions, items?
What are some of the resident's fears, sensitivities, dislikes, triggers?
Has resident had difficulty remembering recent conversations, names, or events? O Yes ONO
Has resident have impaired communication, disorientation, confusion? O Yes ONo
Has resident exhibited any aggressive behavior toward a family member, friend, or neighbor? O Yes ONO
Describe resident's meltdown behaviors
Recommended calming strategies
Are there any recognizable indications prior to a potential meltdown or other difficult behaviors? OYes ONo
Has resident's caregiver needed to call for crisis intervention due to the resident's behavior? OYes No
Are any preventive measures or restraints used by caregivers for safety? O Yes O No





Elopement and Wandering Prevention Information Form — Copy and distribute these cards to friends, trusted neighbors, Current Date: caregivers, local emergency responders, and others who can assist if this person escapes or wanders. It is helpful to attach a picture of the person on the back of this form. Person's name _____ Preferred / Nickname _____ Physical description _____ Name of emergency contact Phone _____ Critical medical information _____ Method of communication Sensory issues ______ Favorite things, places, people ______ Dislikes, triggers _____ Calming methods Where person may hide _____ Personal tracking device information ______



