

Living Safely

with disabilities and special health needs

Movie Theater

Many people go to a movie theater or cinema to see a movie on a large screen.

You need a ticket to get into the room where the movie will be shown.

You can buy your ticket at the theater or online before you get there.

If you buy the ticket at the theater, there may be a line of people before you. Stand behind the last person in the line and wait for your turn to pay for your ticket.

An employee at the cinema may ask to see your paper ticket or digital ticket on your phone before letting you into the theater that is showing the movie.

Sometimes you can also buy snacks at the cinema while watching the movie. Wait on line to buy one or two snacks. You cannot buy all of the snacks.

When the movie is about to start, the theater will get dark. When the movie is over, the lights will turn back on.

The movie screen is very large. There may be many bright lights and the sound may be very loud.

You can cover your ears or eyes if it is bothering you. You can also use headphones or earplugs to block some of the sound.

Before the movie begins, there may be previews for other movies or commercials. Wait patiently until they end. Then the movie will start.

Sometimes there are only a few people in the movie theater. Other times there may be a lot of people in the theater. It is important to remain quiet during the movie. Making noise makes it difficult for others to hear the movie. Everyone wants to see and hear the movie.

Try not to use a device or phone during the movie to avoid creating a distraction, additional light or noise.

Movies can make you laugh, make you cry, and some movies can be scary. It is okay to feel these feelings and react to the movie. But movies cannot hurt you. They are not real.

When the movie is over, it is time to leave the theater.

Do not leave through the door that says, "FIRE EXIT." Do not open a door that is for emergencies, unless there is an emergency.

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities.

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