

Living Safely

with disabilities and special health needs

Fireworks Safety

Fireworks are used all over the world to celebrate special occasions. In the United States of America, the Fourth of July is one occasion where fireworks are used. Families and friends often like to watch fireworks together.

Fireworks are safe to watch from a distance. The use of fireworks is different in every state. In general, fireworks should be lit only by experts or those who have been educated about safe use. Fireworks are not safe and can cause serious harm including burns and other injuries. The safest way to enjoy fireworks is to attend public fireworks displays organized by trained professionals.

Many towns have places where people gather to celebrate together. There may be places to watch fireworks in places that are less crowded. Some fireworks shoot up high in the sky. Others are lower to the ground. They may happen unexpectedly.

The whistling and booming sounds and the colorful lights may be startling. If you don't like the sound, you can cover your ears with your hands, use ear plugs or ear coverings like headphones.

You can also listen to music using headphones. If you don't like the bright, flashing lights, you can wear a cap so you don't see them. You can also cover your eyes or look away. If fireworks bother you, you can ask to go inside a building or a car so that the noise, lights, and vibrations don't bother you as much.

Instead of using fireworks, glow sticks can be a fun alternative. Many people like to use sparklers but these can be dangerous because they can be very hot.

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities.

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