Living Safely with disabilities and special health needs

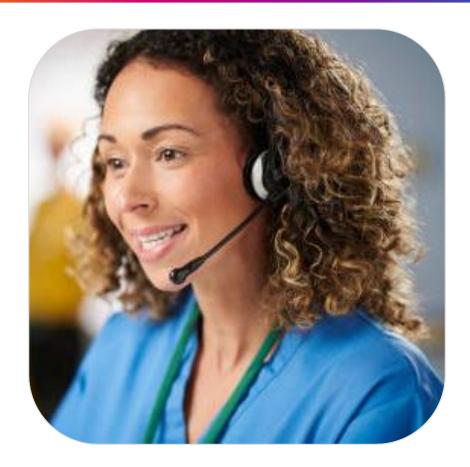
New Jersey Poison Control Center





Image by www.poison.org

The Poison Control Center is a hotline I can call if I need help during poison emergencies or if I have questions about medications, substances, drugs, and other potentially poisonous things.



A doctor, nurse, or pharmacist will answer the phone when I call the Poison Control Center.

They provide emergency advice and can answer any questions for free.

All information I give them will be kept confidential.



The New Jersey Poison Control Center is a part of Rutgers's Medical School.



A poison is anything that can harm someone if it is used in the wrong way, by the wrong person, or in the wrong amount.

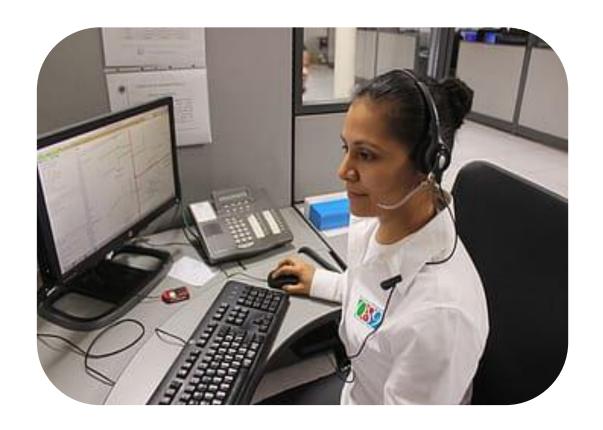
A lot of things we come in contact with every day can be considered poison.



Some examples of things that could be poisons are hand sanitizers, cleaning supplies, medicine, plants, and contaminated food.



I may want to contact the Poison Control Center if I, a family member, or a friend has taken multiple medications at one time without the consent of a doctor; swallowed household cleaner, a chip of paint, a wild mushroom, or something else not typically considered food or drink; or has been bitten by a snake or insect.



I call the Poison Control Center by dialing 1-800-222-1222 on the phone.

I explain the situation and any symptoms that I or the person is feeling.

It is important to have any product names or containers ready.





Image by www.poison.org

I can also visit the New Jersey Poison Control Center website at www.njpies.org.

There is a red button on the bottom left corner of the screen. I click that button to send a message to a poison expert with my questions and concerns.

For more Living Safely resources, visit www.rwjbh.org/cshlivingsafely

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities. Portions of this resource have been adapted from the New Jersey Poison Information and Education System (www.njpies.org).

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