

Living Safely

with disabilities and special health needs

Grilling Safety



Children's
Specialized Hospital®

An RWJBarnabas Health facility



Grilling is one of the most popular ways to cook food, especially in the summertime.

A grill placed too close to anything that can burn is a fire hazard. Grills can be very hot, causing burn injuries.

BBQ grills should only be used outdoors.



I need to keep grills away from buildings, deck railings, and out from under eaves and overhanging branches.



It is important to keep children and pets at least three feet away from the grill area.



I keep my grill clean by removing grease or fat buildup from the grills and in trays below the grill.



I should never leave the grill unattended.



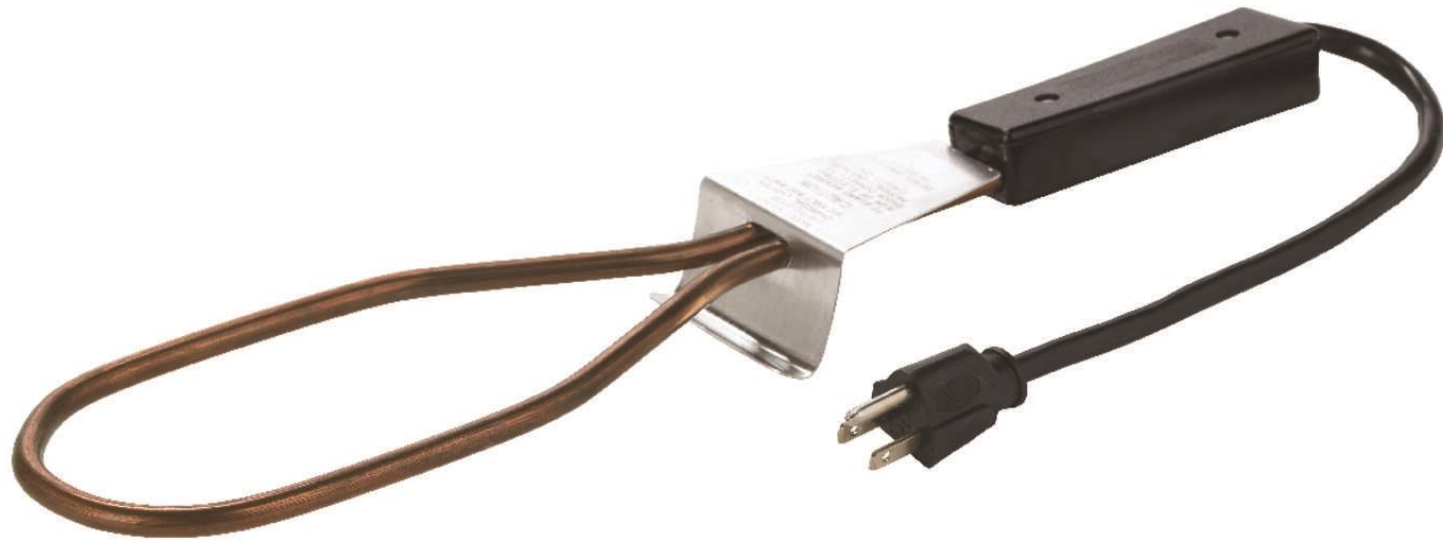
These are important safety tips for charcoal grills.

There are several ways for me to get the charcoal ready to use.

Charcoal chimney starters allow me to start the charcoal using newspaper as fuel.



I need to keep charcoal fluid out of the reach of children and away from heat sources.



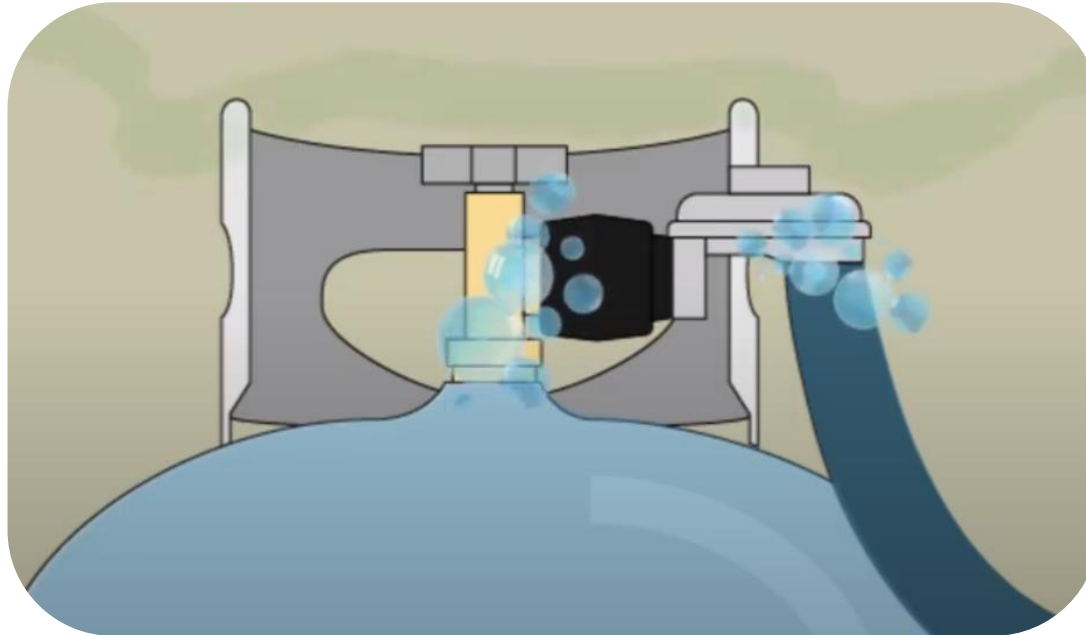
There are also electric charcoal starters, which do not use fire.
I need to be sure to use an extension cord for outdoor use.



When I am finished grilling, I need to let the coals completely cool before disposing in a metal container.



When using propane grills, I need to check the gas tank hose for leaks before using it for the first time each year.



Source:

www.cavagnagroup.com/checking-for-a-gas-leak-on-your-propane-cylinder/

When I apply a light soap and water solution to the hose, a propane leak will release bubbles.

If my grill has a gas leak, by smell or the soapy bubble test, and there is no flame, I need to turn off both the gas tank and the grill.

It is very important for me to get the grill serviced by a professional before using it again.



If I smell gas while cooking, I need to get away from the grill and call the fire department immediately.

If the flame goes out, I need to turn the grill and gas off and wait at least 5 minutes before I re-light it.

For more Living Safely resources, visit www.rwjbh.org/cshlivingsafely

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities. Portions of this resource have been adapted from the U. S. Fire Administration (www.usfa.fema.gov).

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This initiative was funded in part by an Inclusive Healthy Communities Grant from the Division of Disability Services, New Jersey Department of Human Services.



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