

# Living Safely

with disabilities and special health needs

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## Holiday Fire Prevention

Water natural trees every day. When needles are dry, they can catch fire easily.

Turn off decorative lights before leaving home or going to sleep.

Regularly check lights for exposed or frayed wires and loose connections.

Keep candles and matches out of reach. Lit candles should be at least twelve inches away from anything that can burn like wood, paper, and oil. Do not forget to blow them out when you leave the room or before you go to sleep.

Store matches and lighters out of children's reach and sight.

Check smoke alarms. Make sure there is a working smoke alarm on every level of your home, inside bedrooms, and near sleeping areas.

Review your fire escape plan with family members and guests.

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We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities. Portions of this resource have been adapted from Safe Kids Worldwide ([www.safekids.org](http://www.safekids.org)).

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