

# Living Safely

with disabilities and special health needs

## Specialized Smoke and Carbon Monoxide Alarms



Children's  
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An RWJBarnabas Health facility



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It is important for me to have working smoke and carbon monoxide alarms in my home or apartment to keep me safe.

It is just as important to make sure that these alarms are appropriate for my needs and where I live.



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My local fire department can assist me to identify alarms to fit my safety needs.

Some specialized alarms that are available include alarms with flashing strobe lights, pillow or bed shakers to wake me if I am in bed or asleep, alarms with low frequency sound, and alarms which have spoken words.



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Once I determine which alarms are most appropriate for me, many are easily available for purchase in home improvement stores, online, and on manufacturer websites.

I need to make sure to choose alarms that specify that they have been manufactured by a qualified testing laboratory. I can ask for assistance from my local fire department.

For more Living Safely resources, visit [www.rwjbh.org/cshlivingsafely](http://www.rwjbh.org/cshlivingsafely)

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities. Portions of this resource have been adapted from Safe Kids Worldwide ([www.safekids.org](http://www.safekids.org)).

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