

Living Safely

with disabilities and special health needs

Parking Lot Safety for Pedestrians

It is not safe to stand, sit, or play around cars, even when they are parked.

If using a shopping cart, be careful that you put it in an area made for shopping cart storage or a place where the cart cannot roll and hit a person or car.

Walking or rolling slowly and cautiously is the safest way to move around a parking lot. To prevent getting hurt, avoid running, speeding, or moving in unexpected ways.

It's unsafe to chase after a rolling shopping cart or other item in a parking lot.

When crossing lanes or aisles in a parking lot, look left, then right, then left again before crossing. Be aware that vehicles can move suddenly across the parking lot or out of a parking spot.

Carefully walk or roll in the center of the parking lot to be more visible. Avoid walking or rolling between vehicles. Instead, use parking lot aisles because vehicles faced toward you can see you more clearly when pulling out of a parking spot.

When walking or rolling in a parking lot, it is important to be aware of things all around you.

Before walking or rolling into a parking lot, look for the quickest and most accessible path to get there. Try to use parking lot crosswalks and pedestrian paths as much as possible.

Avoid wearing headphones or using the phone when moving through a parking lot. These can distract you from potential dangers.

Even though you can see a driver, it doesn't mean the driver can see you. Pay attention to where cars are driving and call attention to yourself by waving or raising your arm if you think the car is moving toward you.

Pay attention and obey signs posted in the parking lot. These can include "Stop," "No Crossing," and "Crosswalk" signs.

When walking or rolling at night, try to wear bright or light-colored clothes and use night reflectors.

When possible, walk or roll with another person. If you feel uncomfortable walking alone in a parking lot, call for someone who can help you.

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities.

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This initiative was funded in part by an Inclusive Healthy Communities Grant from the Division of Disability Services, New Jersey Department of Human Services.

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