

Living Safely

with disabilities and special health needs

Crossing the Street



Children's
Specialized Hospital®

An RWJBarnabas Health facility



When I need to cross a street, I use a crosswalk.

Crosswalks are usually on the end of a sidewalk on the corner.

If a street does not have a crosswalk, I always cross at the corner of the street.



Most Crosswalks are painted lines on a street to show me where to cross.

The lines might be stripes for me to walk or roll from one side of the street to another.

The lines might also be two long lines for me to walk between.



Sometimes there are traffic lights on the corners.

When I face the traffic light, the color of the light indicates whether I should walk or stop. A green light means to go. A red light means to stop.

I always need be aware of vehicles that are turning at the corner.



Sometimes there are electric signs that are on poles.

These electric signs have images, words, or sounds to signal when it is time to cross the street.

This type of sign may have a button to press when I want to cross. I wait until the sign indicates when it is time to cross.



Sometimes there are crossing guards at crosswalks.

They help people cross the street, especially busy roadways.

I follow the instructions given by a crossing guard.



It is very important for me to check for oncoming vehicles every time I am about to walk or roll across a street.

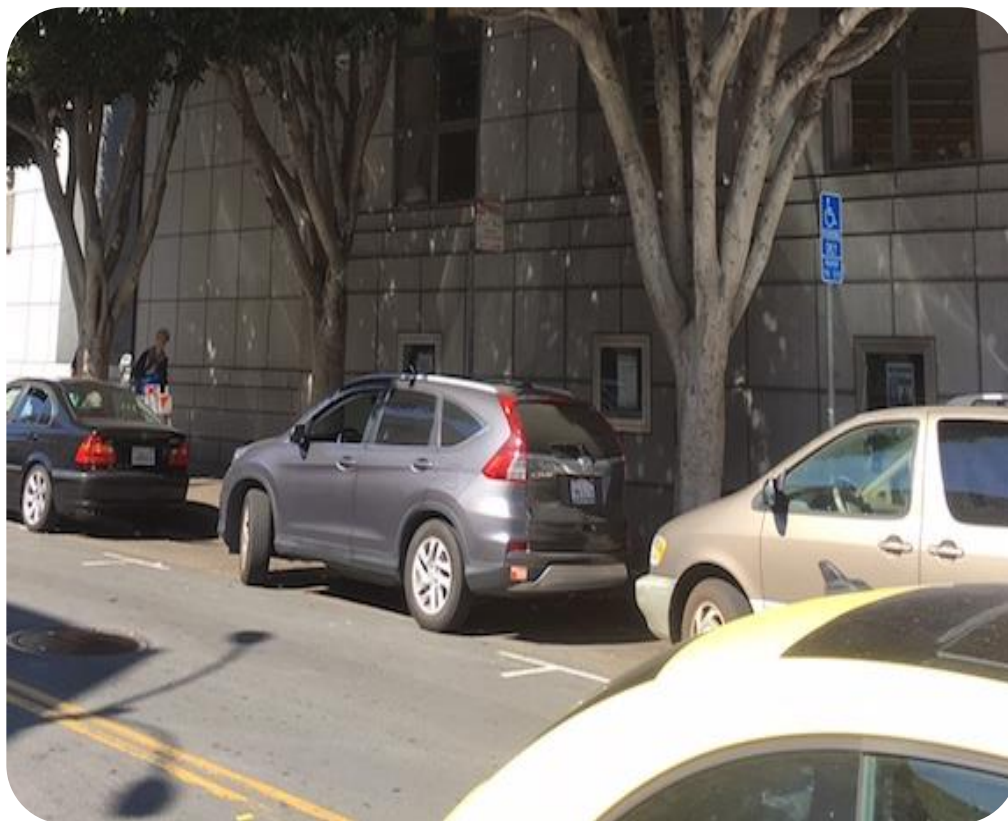
I look to my left, then to my right, then to my left again.



A driver may be distracted or looking somewhere else and may not see me.

It is helpful for me to make eye contact with the driver and wave before crossing.

I must be sure vehicles around me have stopped completely.



If I can't see clearly on both sides of the street, it is not a safe place to cross.

I should avoid crossing from in between vehicles, trees, and other things that would prevent a driver from seeing me.



I must always stay aware when I cross a street.

Once I have started crossing the street, I remain focused until I reach the other side.

I never use the phone or text while crossing a street because it can distract me.

For more Living Safely resources, visit www.rwjbh.org/cshlivingsafely

We value the expertise of our partners in safety who have demonstrated their commitment to inclusive healthy communities.

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