

# Tips for a Successful Physician Visit

at Children's Specialized Hospital



**Our pediatric providers partner with families to make our medical care personalized and effective to meet the special health care needs of all our children.**

## Tips for a Successful Physician Visit

- Arrive on time to ensure that your child receives the full benefit of his or her visit.
- If your personal information changes (address, phone number, insurance, etc.) please notify the scheduling department at 1-888-CHILDREN (244-5373) and follow the prompts.
- Carry a copy of your child's medications (including strength and dose) and the names of all doctors your child sees.
- Bring a written list of questions for the doctor so you receive all the information you need.
- If there is something you don't understand, ask for it to be explained in another way that might be helpful to you.
- Take notes.
- Partner with your doctor to include your child in the visit. It is important for your child to participate in their healthcare in whatever way they can.

Please register for the My Children's Specialized Hospital Patient and Family Portal by requesting an access code at registration.

We are here to help your child and your family in any way we can. Please feel free to ask any of our staff for assistance.



# Tips for a Successful Therapy Visit

at Children's Specialized Hospital

Our pediatric therapists partner with families to make our many innovative therapies personalized and effective so children can achieve their goals.

## Tips for a Successful Physician Visit

- Arrive on time to ensure that your child receives the full benefit of his or her visit.
- If your personal information changes (address, phone number, insurance, etc.) please notify the scheduling department at 1-888-CHILDREN (244-5373) and follow the prompts.
- Take notes during therapy sessions and/or ask for daily notes through the Medical Records Department.
- Plan with your therapist how you will participate in your child's treatment sessions.
- Discuss with your therapist your child's goals for sessions and for home; develop activities that can be practiced at home and in the community.
- Communicate with your therapist regarding treatment and progress toward goals.
- Consistent attendance is crucial to progress. If you know about a future scheduling conflict, please give your therapist ample notice. Discuss the best way to reach your therapist should a last minute cancellation occur.
- Keep therapists informed of doctor's appointments, surgeries, new braces or splints, or any other medical, social, school or other changes to situations outside of therapy.
- Please share any questions or concerns you may have with your therapist. Good communication is important to achieve success.

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