

Helpful Information about Transitioning from Inpatient to Outpatient Services at Children's Specialized Hospital

- Our Patient Care Coordinators will help you and your child through the transition process.
- Prior to discharge you will need to find a new physician to coordinate your child's care as the inpatient physician is unable to follow your child as an outpatient. If you are having trouble finding a physician, please discuss this with your care team and they will be able to assist you.
- If your care team recommends outpatient therapies, prior to your child's discharge date our scheduling department will help you schedule an outpatient initial evaluation appointment. Most appointments will be within 1-2 weeks.
- After the initial evaluation appointment, scheduling will make every attempt to schedule your child as soon as possible for recurring therapy appointments.
- Children's Specialized Hospital has many locations throughout the state where therapists may accommodate your outpatient therapy needs. If you are flexible with your days and times, you may get an appointment sooner.
- Prior to the start of therapy, parents should be familiar with their insurance plan and coverage. Depending on your plan you may need to keep track of your approved sessions. Please remember every plan is different.
- Your new therapist will orient you and your child to outpatient therapy.
- Inpatient therapists will work closely with outpatient therapists. There will be an open line of communication between the two therapists to help make a smooth transition.
- Parents, child, and the outpatient therapist will work together to set goals.
- Moving forward from inpatient to outpatient therapy is an exciting time. Outpatient Therapy will build on your child's strengths and maximize their function and independence. The therapist will work with you to develop a home therapy exercise program that will work for you and your family.
- Family Faculty is available to provide you with additional community resources. (732-258-7144)
- If you have any questions or concerns our staff are always available to assist and support you and your family.

