



Children's
Specialized Hospital®

An RWJBarnabas Health facility



Children's Specialized Hospital

Referral Reference Guide

- Acute Inpatient Rehabilitation
- Outpatient Therapy & Physician Services
- Long Term Care
- Community Recreation Programs





About Us

Children's Specialized Hospital is the nation's leading provider of inpatient and outpatient care for children from birth to 21 years of age facing special health challenges - from chronic illnesses and complex physical disabilities like brain and spinal cord injuries, to developmental and behavioral issues like autism and mental health. At 13 different New Jersey locations, our pediatric specialists partner with families to make our many innovative therapies and medical treatments more personalized and effective so each child can reach their full potential. This guide will provide information regarding these pediatric programs and services:

- Acute Inpatient Rehabilitation
- Outpatient Therapy & Physician Services
- Long Term Care
- Community Recreation Programs

For more information, please contact us at **1-888-CHILDREN (244-5373)** or visit www.childrens-specialized.org

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Insurance Information



List of In-Network Insurance Companies & Plans Accepted by Children's Specialized Hospital:

Aetna Better Health
Aetna Healthcare
Amerigroup NJ
Amerihealth & Amerihealth Administrators
Beacon (formerly Value Options)
Cigna Healthcare
Cigna Behavioral Health
Consumer Health Network (CHN)
CT Medicaid (inpatient services)
Devon Healthcare
Great West (now under Cigna Healthcare)
Empire BCBS (inpatient services and limited outpatient services)
Horizon BCBS of NJ
Horizon Behavioral Health (managed by Beacon)
Horizon NJ Health
Intergroup
Magellan Behavioral Health
Magnacare
MHN
Multiplan/PHCS
NJ Manufacturers
NJ Medicaid
NY Medicaid (inpatient services)
Optum (formerly United Behavioral Health)
Oxford Freedom/Liberty
Qualcare
United Healthcare
UnitedHealth Care Community Plan NJ (formerly Americhoice NJ)
VT Medicaid (inpatient services)
Wellcare NJ (all affiliates nationally)

For inpatient referral questions, please call 908-301-5461.

For outpatient referral questions, please call 908-233-3720 ext. 5193.

Acute Inpatient Rehabilitation



cute Inpatient Rehabilitation

PSE&G Children's Specialized Hospital is a state-of-the-art facility centrally located in New Brunswick, New Jersey, on the state's only pediatric academic healthcare campus. Comprehensive inpatient therapy is provided for children following a serious injury, illness, premature birth, major surgery, chronic illness or pain, or any other life-changing incident.

Our inpatient rehabilitation is specialized for infants through young adults, up through age 21. Each program provides 24-hour medical and nursing care, plus an intensive daily therapy program. The typical length of stay for an inpatient at Children's Specialized is 30 days, but this can vary widely based on the diagnosis, child and family, and program.

Children's Specialized partners with the local Ronald McDonald House and local hotels to provide inexpensive housing for patient families. We also provide car service for qualifying patient families, allowing them to actively participate in their child's support, care, and rehabilitation.

At Children's Specialized Hospital our comprehensive approach ensures each patient, regardless of diagnosis, receives care that treats the entire child. As leaders in patient-and-family centered care, we employ parents of current or former patients. Our Family Faculty members understand that a partnership with our families is essential. As employees of the hospital, they are available to provide support and guidance during a patient's stay.

PSE&G Children's Specialized Hospital address:

200 Somerset Street
New Brunswick, NJ 08901
Phone: 908-301-5461
Fax: 908-301-5509

Brain Injury Rehabilitation

The brain injury program provides young patients with a broad range of medical care and rehabilitation therapy to recover from their injuries. We treat individuals who have acquired a brain injury through physical trauma or a medical condition that affects brain function. In addition, through neurorehabilitation outpatient services at Children's Specialized, our experts are able to help our patients for five to 10 years post-trauma.

Conditions treated include but are not limited to:

- Traumatic brain injury
- Cerebral vascular accidents
- Brain tumor
- Hypoxia
- Anoxia
- Toxic injury
- Infection (encephalitis, meningitis)
- Late effects of cancer treatment
- Degenerative diseases
- Epilepsy
- Other brain dysfunctions

cute Inpatient Rehabilitation

Burn and Wound Care

The comprehensive burn and wound care rehabilitation program treats children and adolescents ages birth through 21, suffering from complex burns and wounds. Through the combination of holistic therapies and expert medical care, we ensure comprehensive rehabilitation and the best quality care. As part of the rehabilitation process, scar control remains a top priority while encouraging the most autonomy and functionality possible.

Chronic Illness Management

The Chronic Illness Management Program is a comprehensive inpatient program for adolescents ages 13-21, who struggle to manage their condition. It provides the patient and family with a structured, comprehensive treatment plan to address medical, nutritional, psychological, and family communication issues. In addition, we encourage parent/caregiver participation in medical education, nutritional, and psychological counseling sessions to ensure the greatest success. Although this program typically lasts four weeks, we provide an outpatient follow-up clinic at three, six and 12 months post program. This clinic allows us to keep in touch with our patients and make sure their managing their illness appropriately. It also provides patients with an outlet for advice and recommendations should they get off track as well as outpatient psychological support for patients that live locally.

Conditions treated include but are not limited to:

- Diabetes
- Post-organ transplant
- Chronic respiratory disease
- Other chronic medical illnesses considered on an individual basis

For more information or to make a referral to the Chronic Illness Management Program, contact Ayana Hamilton at 732-258-7411 or ahamilton@childrens-specialized.org.

Chronic Pain Management

The Chronic Pain Program promotes the wellness of adolescents ages 11-21 with chronic pain by teaching strategies to manage pain and encourage functional activity. This program is for patients who continue to have significant pain and difficulty with daily function despite a period of consistent outpatient therapies. We approach the treatment of chronic pain with intense physical and occupational therapy along with integrated mental health intervention.

Our specialized team focuses on treating Complex Regional Pain Syndrome (CRPS) and related forms of amplified pain such as, but not limited to:

- Amplified Musculoskeletal Pain Syndrome (AMPS)
- Reflex Sympathetic Dystrophy (RSD)
- Reflex Neuropathic Dystrophy (RND)
- Fibromyalgia

For more information or to make a referral to the Chronic Pain Management Program, contact Laura Valentino at 732-258-7150 or lvalentino@childrens-specialized.org.

Infant and Toddler Rehabilitation

The infant and toddler program provides intensive and comprehensive rehabilitation services for infants and young children ages birth to two years with complex medical needs. The program treats children who require all levels of pediatric care, including those who are medically fragile and technology dependent.

cute Inpatient Rehabilitation

Conditions treated include but are not limited to:

- Chronic lung disease or airway anomalies (ventilator dependent)
- Dysphagia or difficulty swallowing
- Premature birth
- Chromosomal or genetic disorders
- Short Bowel Syndrome
- Total Parenteral Nutrition (TPN)
- Small bowel, heart, and other organ transplant medication management
- Cyanotic cardiac disease
- Microcephaly
- Pulmonary hypertension
- Hypoxic Ischemic Encephalopathy (HIE)
- Retinopathy of Prematurity (ROP)
- Other medically complex conditions

Neonatal Abstinence Syndrome Program

The Neonatal Abstinence Syndrome (NAS) Program is specially designed to help patients overcome the serious health effects of infants who have been exposed prenatally to drugs in utero and go through a withdrawal process after they are born. Upon admission, at risk infants are carefully monitored by highly skilled clinicians for signs consistent with withdrawal and development. Based on the results of ongoing assessments, each young patient is cared for based on their individual needs.

Neuromuscular and Genetic Disorders

The neuromuscular and genetic disorders program is a multidisciplinary rehabilitation program designed to treat children ages birth to 21 years with complex needs and conditions and provides individualized care for children who are ventilator dependent or walk with assistive devices.

Conditions treated include but are not limited to:

- Guillain Barre Syndrome
- Various neuropathies
- Myopathies
- Muscular Dystrophy
- Complex genetic disorders
- Spinal muscular atrophy
- Diseases of neuromuscular junction

Multi-Complicated Trauma

The multi-complicated trauma program provides advanced critical rehabilitation care for children and adolescents from birth to 21 who have experienced major or multi-complicated trauma. The range of injuries sustained often include severe trauma to multiple organ systems resulting in the need for comprehensive rehabilitation.

Our clinical teams are highly skilled in the rehabilitation of patients in need of:

- Ventilator management and weaning
- Tracheostomy care
- Gastrostomy feedings
- Total parenteral nutrition
- Prolonged intravenous antibiotic administration
- Catheter management
- Wound care

cute Inpatient Rehabilitation

Post-Surgical Orthopedics

The post-surgical orthopedics program is designed to provide intensive coordinated care tailored to the needs of children and adolescents from birth to 21 upon discharge from surgery. Our program is designed to ensure patients can transition from operative care to intensive post-operative rehabilitation based on their individual needs.

Comprehensive therapy is provided following surgery for a variety of causes, including:

- Cerebral palsy
- Muscular dystrophies
- Limb length discrepancies
- Scoliosis correction surgery
- Severe spasticity
- Bone tumors
- Congenital limb deficiency and deformity
- Spina bifida

Spinal Cord Injury Rehabilitation

The spinal cord rehabilitation program provides intensive and comprehensive rehabilitation services for infants, children, and adolescents with acquired, traumatic, and congenital spinal cord dysfunction.

Conditions treated include but are not limited to:

- Traumatic spinal cord injuries
- Cervical spinal cord injuries
- Cervical level injuries, with ventilator management and weaning
- Spinal tumors
- Lower-level spinal cord injuries
- Spina bifida
- Transverse myelitis
- Nerve damage
- Spinal cord stroke
- Spinal stenosis
- Scoliosis
- Guillian Barre Syndrome

How to Refer:

For all patient referrals, please call your assigned Referral Liaison.

For admissions, please contact:

Phone: 908-301-5461

Fax: 908-301-5509

PSE&G Children's Specialized Hospital
200 Somerset Street
New Brunswick, NJ 08901

Summary of Care:

Children's Specialized Hospital will provide a Summary of Care Report which will provide you with an update on your patient's medical, therapy, and discharge status. This report will be sent to you on a bi-weekly basis and upon discharge.

Long Term Care



Long Term Care

Program Information:

The Pediatric Long Term Care Centers at Children's Specialized Hospital provide exceptional care for children with complex medical conditions. The two Pediatric Long Term Care Centers in Northern and Central New Jersey are home to many medically fragile children whose families' current circumstances do not allow them to be cared for in the home or other community setting.

Children's Specialized Hospital's commitment to patient and family centered care ensures that goals for children in Long Term Care are heard and incorporated into their medical and therapeutic care plan. The team of medical, respiratory, and therapeutic healthcare professionals develops each child's unique care plan by partnering with their families to best meet the child's medical and emotional needs. Highly experienced, trusted professionals focus on caring for every aspect of a child's well-being:

- Board Certified Medical Services: Developmental-Behavioral Pediatrician & Medical Director, Nurse Practitioner, Pediatric Physiatrist, Outpatient and Inpatient Physicians, Pediatric Subspecialists
- Nursing Staff: (RN,LPN), Nurses Aides (CNA) and Therapeutic Staff- Respiratory, Physical Therapy, Speech Therapy, Occupational Therapy, Recreational Therapy, Child Life, Nutrition, and Rehabilitation Technology

The Pediatric Long Term Care Centers at Children's Specialized Hospital provide dignified and tender loving care for children and adolescents with long-term medical needs. The warm and welcoming atmosphere combines specialized therapeutic medical and nursing care with a diverse array of activities designed to maintain each child's abilities and encourage their maximum potential. Care is provided 24 hours a day, 365 days a year for children with:

- Critical airways (Tracheostomy)
- Mechanical ventilator dependency
- Complex seizure disorders
- Neuromuscular diseases
- Chromosomal disorders
- Complications of prematurity
- Neurological impairments
- Craniofacial anomalies
- Terminal illnesses
- Degenerative disease processes
- Traumatic brain injury
- Failure to thrive (Short Gut)
- Orthopedic anomalies and conditions
- Other long-term care needs

Respite Care

Respite care services are also available to our patients in Long Term Care. Throughout the day, each child will receive proper medication and meals while undergoing daily care activities such as bathing, hair washing, nail care and feeding to help prepare for the busy day ahead.

Children under 3 will spend time with cuddlers and Patient Pals or participate in therapeutic and sensory activities as deemed appropriate while those over 3 may spend their day in school.

In the afternoon and early evening, children are engaged in social and age-appropriate activities before bedtime in a comfortable, safe and sensory friendly bedroom.

Long Term Care

How to Refer:

Thank you for referring your patient to Children’s Specialized Hospital’s Long Term Care Centers. Here are a few steps to follow to make a referral as easy as possible:

If the child is coming from acute care or rehabilitation hospital:

1. Contact Admissions Director:

Children’s Specialized Hospital
908-301-5461 (Phone)
908-301-5509 (Fax)

2. Referring Physician provides the following:

- Conduct Level 1 screening and send to NJ State Division of Developmental Disabilities (DDD)
- Coordinate PASRR evaluation and approval
- Provide child’s insurance information and medical records to Children’s Specialized Hospital Admissions Director

Outpatient Therapy & Physician Services

ROOM 110
THERAPY ROOM 3



Therapy and Physician Services

Therapy Services:

Outpatient services are available at each of our sites so that children can receive treatment close to home. Sites are equipped with modern therapy gyms, individual treatment rooms, and expert staff ready to assist with every patient's individual needs.

Audiology

The audiology department provides comprehensive diagnostic evaluations for routine diagnostic, behavioral, and conventional audiometry as well as non-behavioral audiometric tests and auditory processing evaluations for children seven years and older.

Based on the developmental age of the patient, any signs related to auditory processing can require additional testing:

- Behavioral observation is recommended for children less than 6 months of age, and observes infants body reactions as they are presented with various sounds.
- For children 6 months to 3 years, visual reinforcement is used when the child localizes on specific sounds.
- Play Audiometry evaluation is conducted for children 3 to 5 years and test their ability to respond to a sound by a play activity.

Autism Program

The autism program is dedicated to improving the lives of children and adolescents with Autism Spectrum Disorders (ASD) and their families by providing comprehensive evaluations, treatment, community education and research. As the largest regional provider of services for children with ASD, we are focused on early identification and treatment so kids can reach their full potential. And, since our highly qualified staff is committed to family-centered care, professionals and families work together as partners in making sure that children get the services they need.

Behavioral characteristics of ASD may include:

- Delay or lack of verbal and nonverbal communication
- Failure to develop peer relationships appropriate to developmental level
- Impairment of multiple nonverbal behaviors such as eye to eye gaze, facial expression, body posture, and gestures to regulate social interaction
- Preference to be alone, difficulty interacting/socializing with others
- Lack of social and/or emotional reciprocity
- Impairment in the ability to initiate or sustain conversation
- Lack of "play" or make believe play
- Obsessive attachment to objects, persistent preoccupation with parts of objects
- Spinning, rocking, hand flapping or twisting and/or other self stimulating behavior

Cerebral Palsy

As a leading provider of care to children and teens with cerebral palsy and their families, we offer cutting edge technology and individualized treatment techniques within our comprehensive cerebral palsy program. While the diagnosis of cerebral palsy may be permanent, treatment can make a big difference in maximizing function, independence and quality of life. Since cerebral palsy can affect various functions, our patients benefit from a multidisciplinary team of experts and various inpatient, outpatient and community based programs.

Signs and Symptoms:

- Abnormal muscle tone (increased or decreased muscle tone)
- Muscles that pull unevenly on the joints
- Abnormal reflexes
- Balance and movement difficulties
- Delayed motor milestones (holding head up, sitting, standing, walking)
- Muscle contractures due to problems with muscle growth
- Bone deformities
- Misalignment of the joints
- Easily tired with movement
- Pain

Comprehensive Feeding Program

Our comprehensive feeding program includes diagnostic and treatment planning for feeding issues, providing families with meal time strategies and therapeutic recommendations. Our comprehensive team consists of a speech therapist, occupational therapist, registered dietitian, and psychology staff.

Some reasons for evaluation include:

- Restricted range of foods
- Difficulty transitioning off of tube feedings
- Poor weight gain
- Trouble chewing and swallowing different food textures
- Abnormal suck and swallow
- Significant mealtime behavior

Early Intervention Program

The Early Intervention Program (EIP) provides early identification, evaluation and intervention for children up to three years of age who have a condition that impairs or has a high predictability of impairing normal development and/or who have measurable developmental delays.

The Early Intervention Program:

- Promotes social, cognitive, language, and physical development through a variety of fun but educational and therapeutic activities.
- Is delivered in the child's natural environment such as their home, child care, or community settings.
- Provides parent/caregiver training and participation in EIP sessions.
- Provides parent support services.

Fetal Alcohol Syndrome Program

The Fetal Alcohol Syndrome (FAS) Program treats patients with physical and/or mental defects resulting from maternal alcohol or drug use during pregnancy. Treatment can vary depending on age of diagnosis, however, behavioral and medical interventions are typically used in combination for the treatment of FAS.

Signs and Symptoms

- At birth, a patient affected by fetal alcohol syndrome may display physical defects such as abnormal facial features and prematurity in body and/or head size.
- During early childhood development and teenage years, signs include extreme irritability, self-abusive behavior, developmental delays and learning disabilities, and lack of social skills.

Lymphedema Therapy

Lymphedema is swelling caused by the accumulation of lymphatic fluid (i.e., excess protein, cell debris, waste matter, and bacteria) in various parts of the body. Swelling can be caused by a number of reasons including insufficient or damaged lymph nodes and it may be evident at birth, may develop in childhood or may occur following trauma to a specific area.

Our certified lymphedema therapists treat children through complete decongestive therapy. This four part treatment protocol consists of:

- Manual Lymph Drainage - this special technique is used to stimulate the flow of lymphatic fluid. The child and family are taught this technique (as well as compression wrapping) so that they begin to manage the lymphedema at home.
- Compression Wrapping - special bandages or garments are used to provide proper compression to support and assist the lymph system.
- Skin Care - proper skin care is taught to the family and child.
- Exercise - proper exercise also stimulates the lymph system through movement of muscles and skin. Children and their families are instructed in simple home exercise programs tailored to their needs and interests.

Nutrition

Children's Specialized Hospital's experienced pediatric dietitians counsel children, adolescents, and their parents on a variety of nutritional issues. These issues include weight management, failure to thrive, tube feeding adjustments, food allergies and special therapeutic diets such as those ordered for diabetes, high cholesterol and hypertension.

Neuropsychology

Neuropsychological evaluations are typically conducted on children who have acquired a brain injury through physical trauma (TBI, concussion) or a medical condition that affect brain function. These comprehensive evaluations are used to identify levels of cognitive deficit caused by the injury and gain an understanding of how the injury will affect learning, behavior, emotions and social participation in the future.

Physical trauma and medical conditions that can affect brain function, include:

- Cerebral vascular accidents
- Brain tumor
- Hypoxia
- Anoxia
- Toxic injury
- Infection (encephalitis, meningitis)
- Late effects of cancer treatment
- Degenerative diseases
- Epilepsy

These comprehensive evaluations are used to identify levels of cognitive deficit caused by the injury and gain an understanding of how the injury will affect learning, behavior, emotions and social participation in the future.

Neurorehabilitation

The neurorehabilitation program is comprised of highly specialized professionals dedicated to the assessment, diagnosis and treatment of functional disorders resulting from mild to severe brain injuries which occur after birth. Targeted symptoms can often include challenges with arousal, awareness, memory, attention, modulation, impulsivity, concentration and problem solving.

General diagnoses include but are not limited to:

- Post concussive syndrome
- Brain tumor
- Cerebral vascular accidents
- Hypoxia
- Anoxia
- Toxic Injury
- Infection (encephalitis, meningitis)
- Late effects of cancer treatment
- Degenerative diseases
- Epilepsy

Occupational Therapy

Occupational therapy promotes functional independence for a child who is dealing with the effects of disease, injury, birth anomalies, disability, or developmental problems. The focus of therapy may include the prevention of malformations, the facilitation of normal development, the promotion of age-appropriate daily living skills, design, fabrication and application of splints, training for use of assistive technology devices and/or adaptation of the environment.

Our occupational therapy program provides services to children with a wide range of diagnoses including, but not limited to:

- Brain injuries
- Burns
- Sensory integration disorders
- Learning disabilities
- Feeding disorders
- Cerebral palsy
- Hand and upper extremity dysfunction
- Spinal cord rehabilitation
- Brachial plexus injuries
- Developmental delays
- Autism
- Sports injuries

Children's Specialized Hospital cannot begin treatment for Physical Therapy, Occupational Therapy and Speech Therapy services until the child's primary care physician has approved the Plan of Care document. The Plan of Care document is the list of required therapy services determined after a comprehensive evaluation of the child's needs. The Plan of Care specifies the clinical diagnosis, outlines long term goals and determines timeframes for therapy. The Plan of Care must be signed by the child's primary care physician indicating that the physician is in agreement with the plan. Should the episode of therapy last longer than a 90 day period of time, the plan must be updated and approved (as evidenced by the physician's signature) by the primary care physician. As soon as you receive the Plan of Care from Children's Specialized Hospital, please fax it back to us at the number indicated on the document.

Outpatient Brain Injury Program

The outpatient brain injury program offers a continuum of services tailored to meet the individual needs of each patient. Therapeutic interventions are implemented to assist children and teens with brain injury regain functional skills and learn compensatory strategies.

In addition, our neuropsychologists specialize in the assessment of brain function and behavior identifying underlying strengths and weaknesses in the areas of cognition, memory, and executive function which assist in the development of compensatory skills and informs treatment and educational planning to improve function in home, school and community.

Pain Management

The pain management program provides comprehensive evaluation and therapy services for children and teens with chronic pain, including patients with forms of amplified pain syndrome. Our services can assist a child in the areas of improvement in functional movement and improve ability to cope with pain issues. The program teaches strategies to manage pain and encourage functional activity.

Physical Therapy

The Physical Therapy Program helps patients reach their full potential by minimizing impairments while promoting mobility and function for participation in their home and community. Our pediatric physical therapists are specialists in the unique needs of children, adolescents and young adults from birth through 21 years of age and they are experts in a variety of treatment interventions allowing them to individualize a plan of care to meet the unique needs of the child and family.

Our physical therapy program provides services to children with a wide range of diagnoses including, but not limited to:

- Acute medical conditions
- Amputation
- Arthrogryposis
- Brain injury
- Burns
- Cerebral palsy
- Developmental delays
- Genetic disorders
- Low tone
- Lymphedema
- Autism
- Neuromuscular disorders
- Osteogenesis Imperfecta
- Orthopedic disorders
- Pre-op and post-op
- Respiratory problems
- Spina bifida
- Spinal cord injury
- Sports injuries
- Torticollis
- Pain/RND

Children's Specialized Hospital cannot begin treatment for Physical Therapy, Occupational Therapy and Speech Therapy services until the child's primary care physician has approved the Plan of Care document. The Plan of Care document is the list of required therapy services determined after a comprehensive evaluation of the child's needs. The Plan of Care specifies the clinical diagnosis, outlines long term goals and determines timeframes for therapy. The Plan of Care must be signed by the child's primary care physician indicating that the physician is in agreement with the plan. Should the episode of therapy last longer than a 90 day period of time, the plan must be updated and approved (as evidenced by the physician's signature) by the primary care physician. As soon as you receive the Plan of Care from Children's Specialized Hospital, please fax it back to us at the number indicated on the document.

Psychology

The psychology program provides comprehensive evaluations and therapy services for patients with or without complex medical needs, including patients with cerebral palsy and other disabilities.

Our services can assist a child in the following areas:

- Behavioral difficulties
- Panic disorders
- Social skill deficits
- Peer and sibling problems
- Trauma
- Abuse
- Adjustment problems
- Anxiety and other mood disorders
- Depression

Comprehensive assessments, including psycho-diagnostic evaluations, educational evaluations, and clinical assessments are done to clarify a child's diagnosis. They are also done to assess cognitive, behavioral, social, emotional, academic, attention and executive functioning areas, determine strengths and weaknesses, and recommend effective interventions.

Rehabilitation Technology

The rehabilitation technology program uses a team approach to conduct a detailed evaluation of the patient with regard to seating, positioning, and mobility needs. Our specialists work with patients currently using or in need of specialized equipment to enhance their strength and abilities. By creating highly tailored specialized equipment, patients are able to participate to the best of their ability in family, school, community, employment and recreation activities.

Speech Therapy

Normal speech and language, as well as effective feeding skills, are essential to the proper development of infants, children and adolescents. Our speech therapists are familiar with the developmental milestones that are normally attained at each stage of a child's life and they provide age-appropriate activities to improve speech, communication, and feeding skills, and are adept at encouraging and motivating patients to reach their goals.

Speech therapy is available to children with a variety of diagnoses including, but not limited to:

- Aphasia
- AD/HD (Attention Deficit/Hyperactivity Disorder)
- Developmental apraxia of speech
- Language-based learning disabilities
- Stuttering
- Brain injury
- Orofacial myofunctional disorders (tongue thrust)
- Feeding problems
- Swallowing problems

Speech therapy is also provided to patients with:

- Tracheostomies
- Ventilators
- Augmentative and alternative communication devices

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Physician Services:

The comprehensive range of medical subspecialties available at Children's Specialized Hospital includes those in the following disciplines:

Developmental & Behavioral Pediatrics

Developmental and behavioral pediatricians assist in the development of treatment plans and may provide recommendations regarding therapies or educational services to help a child reach their full potential. In addition, when appropriate, the developmental pediatrician may provide medication to improve attention or address specific behavioral changes.

This specialty evaluates and counsels children and families with a wide range of developmental conditions including:

- Developmental delays, including language, fine, or gross motor challenges
- Developmental disabilities like autism spectrum disorder, intellectual disability, and cerebral palsy
- Learning disabilities
- Externalizing disorders such as AD/HD and Oppositional Defiant Disorder
- Tics, Tourette syndrome, and other habit disorders
- Challenges with activities of daily living, including feeding, complicated toilet training (i.e., enuresis, encopresis), and sleep

Neurology

Children's Specialized Hospital's neurology program evaluates children with a wide range of developmental and neurologic conditions including:

- Developmental delays, including language, fine, or gross motor challenges
- Developmental disabilities such as autism spectrum disorder and intellectual disability
- Learning disabilities
- Externalizing disorders such as AD/HD
- Tics and Tourette syndrome
- Cerebral palsy
- Headaches and migraines

Children's Specialized Hospital's pediatric neurologists are medical doctors who have completed four years of medical school, two years of residency training in pediatrics, and a three year fellowship in pediatric neurology. Pediatric neurologists are board certified by the American Board of Psychiatry and Neurology with special qualifications in child neurology.

Orthopedics

The orthopedics program cares for children with multiple disabilities, in particular, those with spinal deformities and hip dysplasia. Our inter-disciplinary approach for caring for children requires bracing, medication, therapy, and surgical management. Children who require surgery will become inpatients post surgery for rehabilitation services.

Physical Medicine and Rehabilitation (Physiatry)

Pediatric physiatrists specialize in the rehabilitation care and medical management of children with:

- Cerebral palsy
- Brain injuries
- Chronic pain
- Spinal cord injuries
- Neuromuscular disorders
- Musculoskeletal conditions

Children's Specialized Hospital's physiatrists understand how cognitive and physical disabilities affect growth and development incorporating this knowledge to work with patients and their families.

The main objectives are to restore or improve function and maximize quality of life. Our physiatrists diagnose, develop treatment plans, prescribe medication, perform procedures and lead a comprehensive rehabilitation team in creating and delivering effective individualized treatment programs. In addition, pediatric physiatrists work to provide continuity of care as patients' transition to adult services.

Other specialized services include:

- Botulinum Toxin and Alcohol Nerve Block Injection Procedures
- Intrathecal Baclofen Pump Management
- Electromyography and Nerve Conduction Studies (EMG-NCS)

Physiatry Consult Services

At Saint Barnabas Medical Center in Livingston, NJ and Newark Beth Israel Medical Center in Newark, NJ, we offer onsite pediatric physiatry care to support the needs of acute care providers.

Services include: onsite consultations, medical management of spasticity and sialosis, evaluation to determine post-acute level of care/equipment needs, assistance with discharge planning, and provision of support to patients and families who are in the midst of transition from acute care to inpatient or outpatient rehabilitation. Consult services are staffed from 8 am to 5 pm, Monday through Friday. Please call 201-549-9709 and include:

- Name of caller and a direct call back number
- Hospital Location
- Patient Name
- Patient Date of Birth
- Patient Room Number
- Diagnosis
- Reason for Consult
- Attending Physician
- Referring Physician

Psychiatry:

Fellowship trained, board certified child and adolescent psychiatrists, and advanced nurse practitioners in the Psychiatry Department of Children's Specialized Hospital are expertly trained in treating a wide range of child and adolescent behavioral, emotional and psychiatric disorders with expertise in working with special needs children and adolescents.

Special Needs Primary Care:

Special Needs Primary Care is pediatric primary care for children with special healthcare needs and their siblings.

Our family-centered medical home, or health care home base, keeps families together and acts as a central resource for every child's healthcare needs. Treating children birth through 21-years-old, we provide comprehensive and specialized primary care coordinating a child's care from start to finish.

If a child should be referred to Special Needs Primary Care, please call:

Mountainside (908) 301-5534

Hamilton (609) 631-2811

How to Refer:

Thank you for referring your patient to Children's Specialized Hospital outpatient services. Here are a few steps to follow to make a referral as easy as possible.

Call: 888-CHILDREN or 888-244-5373

- Press 1 to continue this call in English
- Press 2 to continue this call in Spanish

Main Menu:

- If you know the extension of the party you are trying to reach you may dial it now.
- To dial by last name press #.
- **For referrals press 3**
 - For special needs primary care formerly known as pediatric practice press 1
 - For Mountainside press 1
 - For Hamilton press 2
 - For developmental, neurology, physiatry or psychiatry press 2
- **For inpatient rehabilitation services or long term care press 6**
 - For inpatient rehabilitation services press 1
 - For inpatient referrals press 1
 - For pediatrics second floor press 2
 - For pediatrics third floor press 3
 - For long term care press 2
 - For Mountainside LTC press 1
 - For Toms River LTC press 2

Commonly Asked Questions:

Which services at Children’s Specialized Hospital need a prescription?

- **Prescriptions** are needed for therapy services including physical therapy, occupational therapy, speech and language therapy, audiology, nutrition, and rehabilitation technology.
 - o The prescription must include the recommended therapy (i.e. Physical therapy) and diagnosis (i.e. Congenital muscular torticollis)

When do patients need referrals to Children’s Specialized Hospital?

- **Referrals** are needed when requested by the patient’s insurance companies for any service based on their insurance plan/type.
 - o Ex: Horizon NJ Health requests referrals for developmental behavioral pediatrics, physiatry, neurology, audiology, and nutrition 4 days prior to treatment

What NPI number should referral sources use on referrals?

- CSH Facility NPI number is 1396886297 and should be utilized versus an individual provider number

What if my patient does not have insurance?

- Patients without insurance may be eligible for the Children’s Specialized Hospital Benefit Fund to receive services. Please advise parents to visit our website to print or download an application; the link is listed here for your convenience <https://www.childrens-specialized.org/for-patients-and-families/billing-financial-and-insurance-information/hospital-benefit-fund-and-application>

Families can find helpful resources about Children’s Specialized Hospital’s process for insurance verification and health insurance basics at www.childrens-specialized.org by clicking on the **Billing, Financial and Insurance Information** under the **For Patient and Families Tab**.

Do you have questions for our Insurance Verification and Authorization (IV&A) team?
Please contact them direct at 908-233-3720 ext. 5193



Community Recreation Programs



Sports • Recreation • Social Programs

The Activity Connection programs at Children's Specialized Hospital include recreation, sports, and social activities for children and teens with special health care needs. The programs provide opportunities to make new friends, participate in physical activities, and enjoy new experiences. All programs are led by Children's Specialized Hospital's therapists, certified program instructors, coaches, and trained volunteers who provide age-appropriate and safe activities in an inclusive and fun environment. Our community recreation programs are available for patients and members of the public.

Children's Specialized Hospital



Sports Connection offers competitive and recreational sports programs for youth with special health needs. These sports and physical-based activities help promote strength, coordination, and teamwork for youth of all ages. Please visit our website to view all current sports programs like aquatics, martial arts, Lightning Wheels sports team and all other activities within our Sports Connection.



Community Recreation Programs

Children's Specialized Hospital



Active Connection provides therapeutic and recreational activities for children of all ages. These programs promote physical activity, body awareness, confidence, and health education, and provide access to common childhood activities. Please visit our website to see Fit & Fun, Yoga, Nature Walks, Zumba and all other activities within our Active Connection.



Children's Specialized Hospital



Expressive Arts Connection promotes self-expression through art, music, dance, and drama. Children and teens will explore their imagination in a safe setting that promotes friendship, social skills, and confidence, while building fine motor and coordination skills, and exploring various sensory experiences. Visit our website for Expressive Arts Connection activities including painting, arts & crafts, gardening, music, cooking and more.



Community Recreation Programs

Children's Specialized Hospital

SOCIAL Connection

Social Connection provides children and teens an environment to come together and have fun. Children's Specialized Hospital's recreational therapists create structured activities focused on building friendships, self-expression, and improving confidence, in an enjoyable environment. Check our website for Social Connection activities including social groups, board & video game nights, movie nights, pajama parties, teen nights and more.



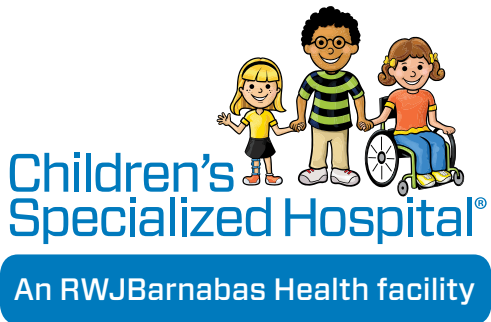
Children's Specialized Hospital

CAMPS Connection

Camps Connection offers recreational overnight and day camps, as well as therapy-based programs throughout the summer for children with special health care needs. These programs provide an opportunity to gain independence, learn new skills, and enjoy common summer camp experiences. See our website for details regarding Camp Pals Paradise, Camp BECOME, and Camp Chatterbox.



For more information, please visit our website at www.childrens-specialized.org/ActivityConnection or call 888-CHILDREN ext. 5736.



childrens-specialized.org
1-888-CHILDREN



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Watch Children's Specialized Hospital on YouTube



A member of Children's Miracle Network Hospitals.

Children's Specialized Hospital

Services Offered at Each Outpatient Location

Bayonne, NJ

815 Broadway
Bayonne, NJ 07002
Phone: 201-823-6010 Fax: 201-823-6022

Therapy Services

Occupational Therapy

Physical Therapy

Speech & Language Therapy

Egg Harbor Township, NJ

6106 Black Horse Pike
Egg Harbor Township, NJ 08234
Phone: 609-645-7779 Fax: 609-645-7785

Therapy Services

Occupational Therapy

Physical Therapy

Psychology

Speech & Language Therapy

Medical Services

Developmental & Behavioral Pediatrics

Physical Medicine & Rehabilitation (Physiatry)

Psychiatry

Clifton, NJ

1135 Broad Street, Suite 215
Clifton, NJ 07013
Phone: 973-365-3071 Fax: 973-365-3089

Therapy Services

Occupational Therapy

Physical Therapy

Psychology

Speech & Language Therapy

Physician Services

Developmental & Behavioral Pediatrics

Neurology

Physical Medicine & Rehabilitation (Physiatry)

Hamilton, NJ

3575 Quakerbridge Road
Hamilton, NJ 08619
Phone: 609-631-2800 Fax: 609-631-2897

Therapy Services

Audiology

Neuropsychology

Nutrition

Occupational Therapy

Psychology

Speech & Language Therapy

Medical Services

Developmental & Behavioral Pediatrics

Neurology

Special Needs Primary Care

Physical Medicine & Rehabilitation (Physiatry)

East Brunswick, NJ

629 Cranbury Road
East Brunswick, NJ 08816
Phone: 732-258-7040 Fax: 908-301-5471

Therapy Services

Occupational Therapy - Specializing in Upper Extremity & Hand Therapy

Physical Therapy - Specializing in Orthopedic & Sports Medicine

Jersey City, NJ

1825 John F. Kennedy Boulevard
Jersey City, NJ 07035
Phone: 201-204-0044 Fax: 555-200-6064

Medical Services

Developmental & Behavioral Pediatrics

Physical Medicine & Rehabilitation (Physiatry)



Mountainside, NJ

150 New Providence Road
Mountainside, NJ 07092

Phone: 908-233-3720 Fax: 908-301-5546

Therapy Services	Medical Services
Audiology	Developmental & Behavioral Pediatrics
Neuropsychology	Neurology
Neurorehabilitation	Special Needs Primary Care
Nutrition	Physical Medicine & Rehabilitation (Physiatry)
Occupational Therapy	Psychiatry
Physical Therapy	
Psychology	
Rehabilitation Technology	
Speech & Language Therapy	

Toms River, NJ (Stevens Road)

94 Stevens Road
Toms River, NJ 08755

Phone: 732-914-1100 Fax: 732-797-3830

Therapy Services	Medical Services
Audiology	Developmental & Behavioral Pediatrics
Nutrition	Neurology
Occupational Therapy	Physical Medicine & Rehabilitation (Physiatry)
Physical Therapy	Psychiatry
Psychology	
Rehabilitation Technology	
Speech & Language Therapy	

Newark, NJ

182 Lyons Avenue
Newark, NJ 07112

Phone: 973-391-2960 Fax: 973-391-2973

Therapy Services	Medical Services
Occupational Therapy	Developmental & Behavioral Pediatrics
Physical Therapy	Physical Medicine & Rehabilitation (Physiatry)
Speech & Language Therapy	

Toms River, NJ (Lakehurst Road)

368 Lakehurst Road
Toms River, NJ 08755

Phone: 732-281-3900 Fax: 732-281-3919

Therapy Services	Medical Services
Neuropsychology	
Occupational Therapy	
Physical Therapy	
Psychology	
Speech & Language Therapy	

New Brunswick, NJ

10 Plum Street
New Brunswick, NJ 08901

Phone: 732-258-7100 Fax: 732-258-7262

Therapy Services	Medical Services
Neuropsychology	Developmental & Behavioral Pediatrics
Occupational Therapy	Neurology
Physical Therapy	Physical Medicine & Rehabilitation (Physiatry)
Psychology	Psychiatry
Speech & Language Therapy	

Warren, NJ

266 King George Road
Warren, NJ 07112

Phone: 973-391-2960 Fax: 973-391-2973

Therapy Services	Medical Services
Occupational Therapy	Developmental & Behavioral Pediatrics
Physical Therapy	Physical Medicine & Rehabilitation (Physiatry)
Psychology	Psychiatry
Speech & Language Therapy	

For more information, please visit:
Childrens-Specialized.org
1-888-CHILDREN

