

My Physical Therapy, Speech Therapy, and Occupational Therapy Evaluations





An occupational therapist, a physical therapist, and a speech therapist will visit me in my room.

Everyone at Children's Specialized Hospital is here to work together with me so that I can be happy, healthy, and strong.



An occupational therapist is a person who helps make everyday activities easier and more fun.



A physical therapist is someone who can help me to move and make my body stronger and healthier.



The therapists will talk with me. They'll measure me, too. The therapists will do different things to learn more about what I do and how I move. They will support me so that I can do the things I want and need to do.



Some things the therapists may help work on with me are moving in my bed, sitting, standing, stretching, balancing, and getting strong.



A speech therapist may spend time with me when I eat. The therapist wants to understand how my muscles work while I eat and to find out if I have any difficulties chewing, swallowing, or making certain sounds.

It's all part of their plan to help me be the best I can be.

RWJBarnabas HEALTH

Children's Specialized Hospital

