



Children's
Specialized Hospital®



ACTIVITY
Connection

Sports • Recreation • Social Programs



Activity Connection

Community Recreation Programs
at Children's Specialized Hospital





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The Activity Connection programs at Children's Specialized Hospital include recreation, sports, and social activities for children and teens with special health care needs. The programs provide opportunities to make new friends, participate in physical activities, and enjoy new experiences.

All programs are led by Children's Specialized therapists, certified program instructors, coaches, and trained volunteers who provide age-appropriate and safe activities in an inclusive and fun environment. Our community recreation programs are available for patients and members of the public.



Children's Specialized Hospital



Sports Connection offers competitive and recreational sports programs for youth with special health needs. These sports and physical-based activities help promote strength, coordination, and teamwork for youth of all ages. Our Sports Connection programs include adaptive aquatics, martial arts, Lightning Wheels and more.



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Active Connection provides therapeutic and recreational activities for children of all ages. These programs promote physical activity, body awareness, confidence, and health education by providing access to common childhood activities. Our Active Connection programs include adaptive yoga, gross motor movement, and more.





EXPRESSIVE ARTS Connection

Expressive Arts Connection promotes self-expression through art, music, dance and drama. Children and teens will explore their imagination in a safe setting that promotes friendship, social skills and confidence, while building fine motor and coordination skills, and exploring various sensory experiences. In the past, programs have included creative drama, canvas painting, and music and karaoke.



CAMPS Connection

Camps Connection offers recreation overnight and day camps, as well as therapy-based programs throughout the summer for children with special health care needs. These programs provide an opportunity to gain independence, learn new skills, and enjoy common summer camp experiences.



SOCIAL Connection

Hospital's recreation therapists create structured activities focused on building friendships, self-expression, and improving confidence in an enjoyable environment. Our Social Connection programs include teen night, creative cooking, and more.

Social Connection provides children and teens an environment to come together and have fun. Children's Specialized

Testimonials

“We participated in swimming because it was the only place that could work with my child. We re-enrolled because everyone there was excellent - adapting to each child and meeting different needs.”

— Parent of a swimmer

“The program staff is skilled, kind and encouraging. The programs help to build self-esteem and socialization skills.”

— Parent of a participant

“All I can say is that this is a wonderful program. My son isn't as verbal as some of the other kids but he still has so much fun. All of the staff are so nice to him and I am grateful.”

— Parent of a participant

“Absolutely amazing program run by the great staff and volunteers for some of the most amazing kids who are fortunate to be part of Friday Night Fever. Thank you very much!”

— Parent of Friday Night Fever member

“My child has learned self-control and concentration, how to work in a group and respect all other participants, and has built self-confidence and calmness. Last but not least, he enjoys being part of a wonderful class which looks like it was built for the very needs of my son. This was a beautiful start and I am looking forward to enrolling him in the next class!”

— Parent of a yoga student



For any questions or concerns regarding
Activity Connection Programs, call
908.301.5548.

For the most up-to-date class listing,
please visit:
childrens-specialized.org/activityconnection

Para informacion en Espanol, por favor llame al
908.233.3720 ext. 5737.



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An RWJBarnabas Health facility